



(LUE)
SHAPING
OUR
FUTURE
LATINO YOUTH
CONFERENCE
FORMANDO NUESTRO FUTURO

Saturday, November 9, 2019

9:00 AM - 4:30 PM

Metropolitan State University

Event Guide and Schedule

Guía y Agenda del Día



Conference Schedule

Programa de la Conferencia

CONFERENCE OPENING SESSIONS | SESIONES DE APETURA DE LA CONFERENCIA
ALL PARTICIPANTS TOGETHER | TODOS LOS PARTICIPANTES JUNTOS
New Main (NM) - Great Hall

9:00 - 9:30 AM **PARTICIPANT REGISTRATION AND BREAKFAST | REGISTRO DE PARTICIPANTES Y DESAYUNO**

9:30 - 10:00 AM **WELCOME AND KEYNOTE | BIENVENIDA Y DISCURSO PRINCIPAL**

MORNING SESSIONS | TALLERES DE LA MAÑANA

YOUTH | JOVENES

Library and Learning Center (LIB) - 3rd Floor

10:15 - 11:30 AM

YOUTH SESSIONS | GRUPO 1

Focus: Who am I? | Tema: ¿Quién soy yo?

Explore Latino culture and identity to understand how who we are and where we come from can shape our future selves. Exploremos la cultura e identidad latina para comprender mejor de donde venimos y así poder forjar nuestra futura identidad.

ADULTS | ADULTOS

New Main (NM) - Lower Level 2

ADULT SESSIONS - GROUP 1

TALLERES PARA ADULTOS - GRUPO 1

Focus: My family | Tema: Mi familia

Strong families are the foundation of future success. Las familias fuertes son la base de los logros futuros.

LUNCH | ALMUERZO

ALL PARTICIPANTS TOGETHER | TODOS LOS PARTICIPANTES JUNTOS

New Main (NM) - Great Hall

11:45 AM -
12:15 PM

Choose a box lunch and take it to your preferred panel presentation (adults stay in Great Hall)

Elija un almuerzo en caja y llévelo a su mesa redonda preferida (adultos permanecen en el Great Hall)



AFTERNOON SESSIONS | TALLERES DE LA TARDE

	YOUTH JOVENES Library and Learning Center (LIB) – 3 rd Floor & New Main (NM) – Lower Level 2	ADULTS ADULTOS New Main (NM) – Great Hall
12:30 - 1:45 PM	YOUTH SESSIONS – GROUP 2 – LUNCH SESSION Focus: Where am I going? Tema: ¿Hacia dónde voy? Interact with Latino professionals from high-demand career fields through informal and interactive panel discussions. Interactúe con un panel informal de profesionales latinos en carreras de alta demanda.	ADULT SESSIONS – GROUP 2 – LUNCH SESSION TALLERES PARA ADULTOS – GRUPO 2 - ALMUERZO Latino college students share and give advice for parents. Estudiantes universitarios latinos comparten consejos para padres.

MOVE TO NEXT SESSION | TRASLADO A LA SIGUIENTE SESIÓN

	YOUTH JOVENES Library and Learning Center (LIB) – 3 rd Floor	ADULTS ADULTOS New Main (NM) – Lower Level 2
2:00 - 3:15 PM	YOUTH SESSIONS – GROUP 3 Focus: How do I get there? Tema: ¿Cómo llego allí? Learn how to take the next steps to prepare for your future and reach your academic and professional goals. Aprende los próximos pasos para prepararte para tu futuro y búsqueda de tus metas.	ADULT SESSIONS – GROUP 3 TALLERES PARA ADULTOS – GRUPO 3 Focus: Our Future Tema: Nuestro Futuro Learn about the U.S. education system. Aprenda sobre el sistema educativo de los EEUU.

CONFERENCE CLOSING SESSIONS | SESIONES DE CLAUSURA ALL PARTICIPANTS TOGETHER | TODOS LOS PARTICIPANTES JUNTOS Founders Hall - Auditorium

3:30 - 4:00 PM	RAFFLE & AFTERNOON SNACK RIFA Y MERIENDA
4:00 - 4:30 PM	CLOSING REMARKS DESPEDIDA



Planning my day Planeando mi día

Why am I here? | ¿Por qué estoy aquí hoy?

What are my goals for attending? | ¿Cuáles son mis metas al asistir?

What sessions do I want to attend to help me reach my goals?
¿Cuáles son las sesiones a las que quiero asistir para ayudarme a lograr mis metas?



Youth Participant Schedule

9:00 - 9:30 AM

REGISTRATION AND BREAKFAST

New Main (NM), Great Hall

Enjoy coffee and pastries while you look over your conference schedule

9:30 - 10:00 AM

WELCOME & KEYNOTE

New Main (NM), Great Hall

Conference Emcee: Mirella Espino, Development Associate, CLUES

Keynote: Graciela Duran Salazar, Metropolitan State University, Major: Urban Elementary Education

10:00 - 10:15 AM

MOVE TO BREAKOUT SESSIONS

Library and Learning Center (LIB), 3rd Floor and New Main (NM), Great Hall

10:15 AM - 11:30 PM

MORNING SESSIONS - YOUTH WORKSHOPS GROUP 1

WHO AM I?: Exploring Culture and Identity

Library and Learning Center (LIB), 3rd Floor and New Main (NM), Great Hall

LIB 306

iEDUCATION AHORA!

Sergio Aguilar, Policy Manager, LeadMN

Navigating high school as a Latino student can be difficult at times. Finding your identity within a system that has historically targeted you in a negative way is not easy. Come learn how past leaders have fought for our basic education rights, where the movement is now and how you can be a part of it. You don't have to be a teacher or principal to impact the system. Explore the many ways you as a student can be involved in the movement for change.

LIB 307

THE POWER OF LATINX LEADERSHIP

Miguel Ovies-Bocanegra, Assistant Director of Multicultural Recruitment - UMN-TC

As America grows more diverse by the day, we from the Latinx community want to understand our "conciencia" and cultivate personal awareness. Having a better understanding of this, you will build a foundation grounded in culture, inclusiveness and diversity to help you influence the people around you.

LIB 329

UNDERSTANDING THE "I" IN YOUR LEADERSHIP

Donte Curtis, CEO/Founder, Catch Your Dream Consulting/Coaching

In this highly interactive workshop, we will explore identity and culture through the lens of self-leadership. We will explore our values, our vision and our voice. Come prepared to get to know new people- and more importantly, yourself - on a deeper level.

LIB 308

iLATINO PROUD!

Esther Cortez, Business Analyst, Land O'Lakes MN Inc.

As Latinos we are more than tacos and sombreros. Come explore the importance of understanding your past so you can focus on your future. We will talk through stereotypes and how to embrace them. This workshop will have some interactive activities that will leave you feeling proud to be a Latino/a/x.

LIB 310

THE WEBS WE WEAVE

Javier Gutierrez, Ed. D., Associate Dean of Students, Hamline University

Discovering who you are is the greatest journey. This session will allow participants to examine, explore and share who they are and how their identities intersect and affect their lives. Participants will be guided through various activities while hearing about the facilitator's own journey of identity.

NM GREAT HALL

UNLOCKING YOUR POTENTIAL WITH MINDFUL PLAY

Joshua Grove, Kendama Institute President and Cofounder
Liam Casey, Lead Kendama Instructor

Discovering who you are is the greatest journey. This In this session we will use the ancient Japanese game Kendama to help us unlock the hidden, dormant potential inside of us all. We'll use hands-on experience in mindful play to awaken opportunities for self-growth, encouragement and empowerment. Come play with us and unlock your potential!



11:30 - 11:45 AM **MOVE TO NEW MAIN, GREAT HALL**

11:45 AM - 12:15 PM **PARTICIPATE IN ACTIVITY AND GRAB A BOX LUNCH**
New Main (NM), Great Hall

12:15 - 12:30 PM **MOVE TO BREAKOUT SESSIONS**
Library Center (LIB), 3rd Floor and New Main (NM) Lower Level 2

12:30 - 1:45 PM

AFTERNOON SESSIONS - YOUTH WORKSHOPS GROUP 2

WHERE AM I GOING?: Interactive Career Panels
New Main (NM), Lower Level 2 & Library and Learning Center (LIB), 3rd Floor

NM L213

CAREERS IN ARTS & ENTERTAINMENT

Panel Facilitator: Angelica Bello Ayapantactl, Augsburg University, Undecided

Panelists:

- Antonio Rodriguez, Photographer, Sigma Beauty
- Carla Zetina-Yglesias, Designer and Art Director
- Miguel Rios, Video Producer and Editor
- Reyna Rios-Starr, Actor

NM L214

CAREERS IN BUSINESS AND FINANCE

Panel Facilitator: Stephanie Flores-Ortiz, UMN, Bachelor of Arts - Sociology

Panelists:

- Gonzalo Petschen, Managing Director, Global Edible Oil Solutions North America & Specialty Oils, Cargill
- Esther Cortez, Business Analyst, Land O'Lakes MN Inc.
- Santi Strasser, Global Consumer Insights Associate, General Mills
- Sophia Nelson, Management Consultant, Accenture

LIB 306

CAREERS IN LAW AND PUBLIC SAFETY

Panel Facilitator: Xochitl Portilla, Hamline University, Legal Studies Major

Panelists:

- Andrea Martinez, Human Trafficking Legal Case Manager, The Advocates for Human Rights
- Andrea Peña, Associate Attorney, The Law Office of Iris Ramos LLC
- Pamela Mercado-Michelli, Domestic Violence & Sexual Assault Program Supervisor, CLUES
- Yastril Nanez, Case Management Assistant, Hennepin County Attorney's Office

LIB 307

CAREERS IN HEALTH AND MEDICINE

Panel Facilitator: Yosmerith Hoyos, Macalester College, Neuroscience

Panelists:

- Daisy Alfaro, Physician Assistant, Apple Valley Medical Clinic
- Humberto Fernandez, Management Consulting Analyst, Accenture
- Luis Martin Ortega, MD, Resident Physician - Family Medicine, Hennepin Healthcare
- Maria A. Burbano Salazar, Mechanical Engineer, Medtronic

LIB 310

CAREERS IN NONPROFITS AND HUMAN SERVICES

Panel Facilitator: Alexia Maceda, University of Arkansas, Biological Sciences

Panelists:

- Antonio Backman, Librarian, Hennepin County Library
- Sergio Aguilar, Policy Manager, LeadMN
- Teresa Ortiz, Adult Basic Education Services Supervisor, CLUES
- Yessica Santana, Latino Student Services, Century College

LIB 308

CAREERS IN STEM

Panel Facilitator: Juan Flores, Macalester College, Chemistry

Panelists:

- Alexandra Martinez, Associate R&D Principal Engineer, General Mills
- Alfonso Terrazas, Sales Application Engineer, Cummins
- Fernanda Tapia, Business & Technology Delivery Manager, Accenture
- Jorge Ulate, Sr. Research and Development Manager, General Mills
- Juana Sandoval, Project Engineer, Toole Design Group/ Board Member, SHPE-TC
- Laura Lara Rodriguez, Research Specialist, 3M Company



LIB 329

CAREERS IN COMMUNICATIONS AND MARKETING

Panel Facilitator: Andrea Salas-de la O, Macalester College, Media and Cultural Studies & Creative Writing

Panelists:

- Angelina Vilouta, Managing Director, Accenture
- Ariana Cano, Adjunct Faculty, San Bernardino Valley College
- Julieta H. Piox, Change Management Consultant & Life Coach, LYLE (Latina Youth Leadership Academy)
- Vanessa Santana, Shopper Marketing (Club Region), General Mills

NM L215

CAREERS IN EDUCATION & BETWEEN EDUCATION AND TRAINING

Panel Facilitator: Nancy Ambriz, Hamline University, Undecided

Panelists:

- Lesly Gamez, Learning Lead, TOSA (Teacher on Special Assignment), Hazel Park Prep. Academy, SPPS
- Miguel Ovies-Bocanegra, Assistant Director of Multicultural Recruitment, UMN-TC
- Rene Antrop-Gonzalez, Dean, School of Urban Education, Metro State University
- Ruby Murillo, Director, Latinx Student Services, Augsburg, University

1:45 - 2:00 PM **MOVE TO LIBRARY AND LEARNING CENTER (LIB) OR NEW MAIN (NM) FOR BREAKOUT SESSIONS**

2:00 - 3:15 PM

AFTERNOON SESSIONS - YOUTH WORKSHOPS GROUP 3

HOW DO I GET THERE?: Preparing for your Future
Library and Learning Center (LIB), 3rd Floor and New Main (NM), Great Hall

NM GREAT HALL

MI IDENTIDAD IMPORTA: FINDING SUPPORT ON A COLLEGE CAMPUS

Victoria Vargas-Castro, Youth in Action (YA!) Lesson Plan Coordinator, CLUES

Come join a diverse panel of college students from different institutions around the Twin Cities Metro as they share about how their respective institutions have succeeded and/or failed in supporting their Latinx and first-gen identity students and what they've done to break this wall.

LIB 306

CONFIDENT DECISION MAKING EVERY TIME!

Jill Jerabek, Life Coach & Entrepreneur, Be YOU Coaching
Confidence in decision-making is crucial to achieving your dreams and goals. In this interactive workshop, we will explore the three steps that support a confident decision every time. These steps are unique because they are built upon personal values, priorities and passion. Once you have this technique down, you will never doubt your choices again.

LIB 307

GEARING UP FOR COLLEGE

Humberto Fernandez, Management Consulting Analyst, Accenture

How do you prepare for college applications and put yourself in a position to succeed and get into a great school? This session will help you gear up for college and understand the resources that are available to help you prepare.

LIB 310

STUDENT SUPPORT SERVICES: A STEPPINGSTONE FOR SUCCESS

Yessica Santana, Latino Student Services, Century College
Colleges and universities offer a wide array of support services and resources to help students on their academic journeys. Come learn how to successfully navigate and utilize all these supports and resources to increase your chances of graduating and successfully entering the workforce.



LIB 308**HOW TO WORK AT A FORTUNE 500 COMPANY**

Alfonso Terrazas, Sales Application Engineer, Cummins
Daniel Torres, Sourcing Analyst, Cummins
Rina Pineda, Electrical Application Engineer, Cummins
Luisa Chaparro, Product Analyst, Cummins
Kimberly Martinez, Supplier Quality Improvement Engineer, Cummins

Landing your first entry level job in a large company isn't easy, but it can be done. During this interactive workshop, current professionals will guide you through the journeys that led them to that "first gig" at a Fortune 500 company. This session will also cover tips on how to gain experience before graduation, internships, networking and overall strategic pathways to increase your chances to land job interviews and full-time positions.

3:15 - 3:30 PM

MOVE TO FOUNDERS HALL (FH), AUDITORIUM

3:30 - 4:00 PM

AFTERNOON SNACK AND RAFFLE

Founders Hall (FH), Auditorium

4:00 - 4:30 PM

CLOSING REMARKS AND FAREWELL

Founders Hall (FH), Auditorium

LIB 329**TEXTBOOKING 101: WHEN TO PURCHASE, WHEN TO READ, AND HOW TO MAKE SENSE OF IT**

Ariana Cano, Adjunct Faculty, San Bernardino Valley College

An important question most students have when taking their first college course is, "Do we need to buy the book?"; This session will help you know when and how to purchase textbooks for your classes and how to accurately and analytically read for maximum learning.



Adult Participant Schedule

Programa para adultos

9:00 - 9:30 AM

REGISTRATION AND BREAKFAST | REGISTRO Y DESAYUNO

New Main (NM), Great Hall

Enjoy coffee and pastries while you look over your conference schedule.
Disfrute de café y desayuno mientras revisa el programa de la conferencia.

9:30 - 10:00 AM

WELCOME & KEYNOTE | BIENVENIDA Y DISCURSO DE APERTURA

New Main (NM), Great Hall

Conference Emcee (Maestra de Ceremonias)– Mirella Espino, Development Associate, CLUES
Keynote Speaker (Orador Principal) – Graciela Duran Salazar, Metropolitan State University,
Major: Urban Elementary Education | Educación Primaria Urbana

10:00 - 10:15 AM

MOVE TO BREAKOUT SESSIONS | TRANSLADO A TALLERES

New Main (NM), Lower Level 2 | Nivel inferior 2

10:15 AM - 11:30 AM

MORNING SESSIONS – ADULT WORKSHOPS | TALLERES DE LA MAÑANA PARA ADULTOS

Focus: My Family | Tema: La Familia

New Main (NM), Lower Level 2 | Nivel inferior 2

NM L213

UNDERSTANDING ADOLESCENCE & CONNECTING WITH YOUR TEEN

ENTENDIENDO LA ADOLESCENCIA Y CONECTANDO CON TU HIJO (A)

Javiera Monardez Popelka, Between Us Program Coordinator, Hennepin Healthcare

During this session we will learn how to understand the different stages of adolescence and how we can help our teens achieve success during this important phase of life. We will talk about the many changes youth go through during adolescence and how to handle them.

Durante esta sesión aprenderemos cómo entender las diferentes etapas de la adolescencia y cómo podemos ayudar a nuestros adolescentes a alcanzar el éxito durante esta importante fase de la vida. Hablaremos de los muchos cambios que experimentan los jóvenes durante la adolescencia y cómo manejarlos.

NM L215

LET'S TALK ABOUT SEX

HABLEMOS DE SEXUALIDAD

Margaret Peyton, Sexual Health Program Supervisor, CLUES
Mayrapia Davila, Teen Sexual Health Educator, CLUES

How many of us have said "My parents never spoke to me about sex"? Today's parents understand the importance of having open communication with their children, but sometimes it's hard to overcome the shame or find the right words. So, talking about sex continues to be a taboo subject. In this session, we will talk about how to have an open conversation with your children about puberty, sex and romantic relationships.

¿Cuántos de Uds. han dicho: "mis padres nunca me hablaron de sexo"? Los padres de hoy en día entienden la importancia de tener una comunicación abierta con sus hijos, pero a veces es difícil superar la vergüenza o encontrar las palabras adecuadas. Por lo tanto, hablar de sexo sigue siendo un tema tabú para muchos. En esta sesión, hablaremos sobre cómo tener una conversación abierta con los hijos sobre la pubertad, el sexo y las relaciones románticas.



NM L214

LEARNING ABOUT YOURSELF, LEARNING ABOUT YOUR CHILD

APRENDIENDO DE TI MISMO/A, APRENDIENDO DE TUS HIJOS/AS

Teresa Ortiz, Adult Basic Education Program Site Supervisor, CLUES

This session will be about communicating your own identity to your children while also learning about their identity. We will engage in creative writing exercises and share about our own selves and our journeys as parents.

Esta sesión tratará sobre la comunicación de su propia identidad a sus hijos, mientras que también aprenderá sobre su identidad. Participaremos en ejercicios de escritura creativa y compartiremos sobre nosotros mismos y nuestros viajes como padres.

11:30 AM - 11:45 AM **MOVE TO NEW MAIN (NM) – GREAT HALL** | TRASLADO A NEW MAIN (NM) - GREAT HALL

11:45 AM - 12:15 PM **CHOOSE A BOX LUNCH AND FIND A SEAT** | ELIJA UN ALMUERZO Y BUSQUE UN ASIENTO
New Main (NM), Great Hall

12:30 - 1:45 PM **AFTERNOON SESSIONS – ADULT WORKSHOPS** | TALLERES DE LA TARDE PARA ADULTOS
Focus: My Children | Tema: Mis Hijos
New Main (NM), Great Hall

NM GREAT HALL

COLLEGE STUDENT PANEL: SHARING EXPERIENCES AND ADVICE

PANEL DE ESTUDIANTES UNIVERSITARIOS: COMPARTIENDO EXPERIENCIAS Y CONSEJOS

Facilitator/Facilitador: Tanya Zwald, Youth in Action Program Manager, CLUES

Panelists/Panelistas: Vicky Vargas Castro, Macalester College, Psychology & Educational Studies

Jaime Bonilla, University of Minnesota, Political Science Major

Daisy Ortega, Century College, Undecided

Ricardo Montanez Cerda, Century College, Automotive Service Technology

Manuel Alanis Andrade, Normandale Community College, Aviation Management

Listen to Latino college students share lessons they've learned and give advice for parents who want to support their children's education.

Escuche a estudiantes universitarios latinos compartir las lecciones que han aprendido y dar consejos para los padres que quieren apoyar la educación de sus hijos.

1:45 - 2:00 PM **MOVE TO BREAKOUT SESSIONS** | TRASLADO A TALLERES
New Main (NM), Lower Level 2 | Nivel inferior 2



2:00 - 3:15 PM

AFTERNOON SESSIONS - ADULT WORKSHOPS | TALLERES DE LA TARDE PARA ADULTOS

Focus: Our Future | Tema: Nuestro Futuro
New Main (NM), Lower Level 2 | Nivel inferior 2

NM L213

CHOOSING A COLLEGE IN THE UNITED STATES

CÓMO ELEGIR UNA UNIVERSIDAD EN LOS ESTADOS UNIDOS

Jesus Hernandez Mejia, Outreach Presenter, Office of Higher Education

Learn how to navigate the many different steps required to get your children into college. This session will cover a little of everything, from how to choose the right school to how to successfully navigate the application process. This session is focused on preparing parents to help their students get ready to be successful in college.

Aprenda a navegar por los diferentes pasos que se requieren para que sus hijos ingresen a la universidad. Esta sesión cubrirá un poco de todo, desde cómo elegir la escuela adecuada, hasta cómo puede navegar con éxito el proceso de solicitud. Esta sesión se enfoca en preparar a los padres para ayudar a sus hijos a prepararse para tener éxito en la universidad.

NM L214

HOW TO PAY FOR COLLEGE

CÓMO PAGAR LA UNIVERSIDAD

David Soto, Economic Empowerment Manager, CLUES
Jessica Hernandez, Employment Coach, CLUES

In this workshop parents will learn about the many options that exist to help pay for their children's education and how they can start preparing for tomorrow's bills today. Participants will receive tools and tips that will help them better support their children.

En este taller los padres aprenderán sobre las muchas opciones que existen para ayudar a pagar la educación de sus hijos y cómo pueden empezar a prepararse para las cuentas de mañana hoy. Los participantes recibirán herramientas y consejos que les ayudarán a apoyar mejor a sus hijos.

NM L215

WHAT PARENTS NEED TO KNOW ABOUT THE US EDUCATION SYSTEM

QUÉ NECESITAN SABER LOS PADRES SOBRE EL SISTEMA EDUCATIVO DE LOS EEUU

Oscar Corral, Outreach Coordinator, LeadMN

The education system in any country can be confusing and difficult to navigate. In this workshop we will learn about resources and tips for parents and guardians of students that will help them to navigate the education system in the U.S.

El sistema educativo, sea en este país o de donde somos, puede ser confuso y difícil de navegar. En este taller aprenderemos sobre algunos recursos y "tips" para padres y guardianes de estudiantes que les van a servir para navegar por el sistema educativo de este país.

3:15 - 3:30 PM

MOVE TO FOUNDERS HALL (FH), AUDITORIUM | TRANSLADO AL AUDITORIO FOUNDERS HALL

3:30 - 4:00 PM

AFTERNOON SNACK AND RAFFLE | RIFA Y MERIENDA

Founders Hall (FH), Auditorium

4:00 - 4:30 PM

CLOSING REMARKS AND FAREWELL | PALABRAS DE CIERRE Y DESPEDIDA

Founders Hall (FH), Auditorium





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